



## Ride 4 MQP

Dear Parents/Caregivers,

Together with our school council we have decided to launch the **First Ever Parent/Community Ride 4 MQP!** This event will be held on **Saturday, November 4th at bespoke cycle on 65 White Rose Drive!** There would be a choice of 3 sessions on that day: **12:15pm, 1:30pm and 2:45pm.** Each session can accommodate 35 people. Depending on the interest extra classes can be added. Not only will you have the opportunity to have a great workout in a beautiful air conditioned room with fantastic upbeat music, there will be a wine and cheese social following each ride donated by Dialog Wines.

So let's get going, round up your family and friends to come out and enjoy a day of fun with the MQP School Community! Participants must be 19 years or older. It will be a blast! In order to sign up, each participant is requested to seek sponsors at a minimum of \$100. Money will be collected on the day of the event. All funds raised will go towards the MQP Breakfast Program, school resources and other school sponsored activities.

Let's get together and have some fun! We are looking forward to a great time! If you are interested in participating please email: [ride4mqp@outlook.com](mailto:ride4mqp@outlook.com). Also, all participants will be required to complete the attached sponsor sheet which must be returned with money on Saturday, Nov. 4th at bespoke cycle. Upon registration you will receive a reply indicating your bike number and session time. Thanks for your interest in our First Ever Ride 4 MQP!



### bespoke cycle provides:

- Shoes, towels, showers, products and digital locks
- Extraordinary experienced instructors with 45 minute curated music playlists
- Positive and non-judgemental atmosphere
- Online booking available
- Corporate rates and group bookings available
- Contact us at 552.0579 or [info@bespoke-cycle.com](mailto:info@bespoke-cycle.com) or visit our website at [www.bespoke-cycle.com](http://www.bespoke-cycle.com)